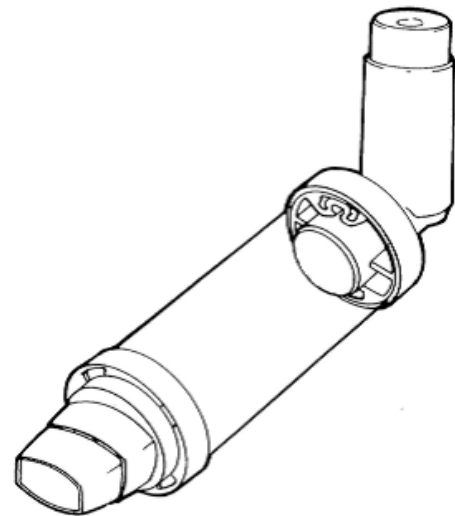


How to use an Aerochamber Plus Spacer Device

Multiple breath technique:

- Remove cap from the inhaler.
- Shake inhaler and insert into the Aerochamber
- Put mouthpiece in mouth between the teeth and close lips (or place mask over nose and mouth ensuring a good seal is maintained)
- Press the canister once to release a dose of the drug
- Breathe in and out for 5 or 6 breaths with the lips and teeth remaining around the mouthpiece. (If a whistling sound is heard, you are breathing in too quickly). Continue breathing in this manner for 5 breaths.
- Remove the mouthpiece from the mouth and breathe normally.
- If you require a second dose wait 30-60 seconds before repeating steps 2-5. Remove inhaler from the Aerochamber and replace inhaler cap.



Demonstrate your device technique to your GP, nurse, pharmacist or clinical specialist at every opportunity