

How to use a Babyhaler

(0-4 years)

1. Remove the cap from the inhaler
2. Shake inhaler and insert into the inhaler holder of Babyhaler
3. Place the facemask gently over the baby's mouth and nose, ensuring there is a good seal between the mask and face
4. Press the inhaler canister once to release a dose of the drug
5. Keep Babyhaler facemask over the mouth and nose until the baby has inhaled at least 5-10 breaths (blue valve will move slightly with each breath).
6. Remove the facemask from the baby's face



Demonstrate your inhaler technique to your GP, nurse, pharmacist or clinical specialist at every opportunity